

Wednesday, July 2, 2014
Seventeenth Church of Christ, Scientist, Chicago

TOPIC: What is the source of our refreshment?

HYMNS 34 108 245

THE BIBLE (The New Revised Standard Version)

Is 58

11The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail.

Is 40

28Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable.

29He gives power to the faint, and strengthens the powerless.

30Even youths will faint and be weary, and the young will fall exhausted;

31but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Is 29

10they shall not hunger or thirst, neither scorching wind nor sun shall strike them down, for he who has pity on them will lead them, and by springs of water will guide them.

Isaiah 43

14Thus says the Lord

15I am the Lord, your Holy One, the Creator of Israel, your King.

19I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert.

Matthew 26

1... Jesus ... said to his disciples,

2"You know that after two days the Passover is coming, and the Son of Man will be handed over to be crucified."

3Then the chief priests and the elders of the people gathered in the palace of the high priest, who was called Caiaphas,

4and they conspired to arrest Jesus by stealth and kill him.

17On the first day of Unleavened Bread the disciples came to Jesus, saying, "Where do you want us to make the preparations for you to eat the Passover?"

18He said, "Go into the city to a certain man, and say to him, 'The Teacher says, My time is near; I will keep the Passover at your house with my disciples.' "

19So the disciples did as Jesus had directed them, and they prepared the Passover meal.

20When it was evening, he took his place with the twelve;

30When they had sung the hymn, they went out to the Mount of Olives.

31Then Jesus said to them, "You will all become deserters because of me this night; for it is written, 'I will strike the shepherd, and the sheep of the flock will be scattered.'

32But after I am raised up, I will go ahead of you to Galilee."

36Then Jesus went with them to a place called Gethsemane; and he said to his disciples, "Sit here while I go over there and pray."

37He took with him Peter and the two sons of Zebedee, and began to be grieved and agitated.

38Then he said to them, "I am deeply grieved, even to death; remain here, and stay awake with me."

39And going a little farther, he threw himself on the ground and prayed, "My Father, if it is possible, let this cup pass from me; yet not what I want but what you want."

40Then he came to the disciples and found them sleeping; and he said to Peter, "So, could you not stay awake with me one hour?

41Stay awake and pray that you may not come into the time of trial; the spirit indeed is willing, but the flesh is weak."

42Again he went away for the second time and prayed, "My Father, if this cannot pass unless I drink it, your will be done."

43Again he came and found them sleeping, for their eyes were heavy.

44So leaving them again, he went away and prayed for the third time, saying the same words.

45Then he came to the disciples and said to them, "Are you still sleeping and taking your rest? See, the hour is at hand, and the Son of Man is betrayed into the hands of sinners.

46Get up, let us be going. See, my betrayer is at hand."

Luke 22

47While he was still speaking, suddenly a crowd came, and the one called Judas, one of the twelve, was leading them. He approached Jesus to kiss him;

48but Jesus said to him, "Judas, is it with a kiss that you are betraying the Son of Man?"

49When those who were around him saw what was coming, they asked, "Lord, should we strike with the sword?"

50Then one of them struck the slave of the high priest and cut off his right ear.

51But Jesus said, "No more of this!" And he touched his ear and healed him.

Matthew 26

52Then Jesus said to him, "Put your sword back into its place; for all who take the sword will perish by the sword.

53Do you think that I cannot appeal to my Father, and he will at once send me more than twelve legions of angels?

Psalms 36

7How precious is your steadfast love, O God! All people may take refuge in the shadow of your wings.

8They feast on the abundance of your house, and you give them drink from the river of your delights.

9For with you is the fountain of life; in your light we see light.

Romans 15

13May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.

14I myself feel confident about you, my brothers and sisters, that you yourselves are full of goodness, filled with all knowledge, and able to instruct one another.

29and I know that when I come to you, I will come in the fullness of the blessing of Christ.

32so that by God's will I may come to you with joy and be refreshed in your company.

33The God of peace be with all of you. Amen.

SCIENCE AND HEALTH WITH KEY TO THE SCRIPTURES

By Mary Baker Eddy

SH 79:29-3

Mind-science teaches that mortals need "not be weary in well doing." It dissipates fatigue in doing good. Giving does not impoverish us in the service of our Maker, neither does withholding enrich us. We have strength in proportion to our apprehension of the truth, and our strength is not lessened by giving utterance to truth.

SH 183:16

The supposed laws which result in weariness and disease are not His laws, for the legitimate and only possible action of Truth is the production of harmony. Laws of nature are laws of Spirit; but mortals commonly recognize as law that which hides the power of Spirit. Divine Mind rightly demands man's entire obedience, affection, and strength. No reservation is made for any lesser loyalty. Obedience to Truth gives man power and strength. Submission to error superinduces loss of power.

SH 384:3

We should relieve our minds from the depressing thought that we have transgressed a material law and must of necessity pay the penalty. Let us reassure ourselves with the law of Love. God never punishes man for doing right, for honest labor, or for deeds of kindness, though they expose him to fatigue, cold, heat, contagion. If man seems to incur the penalty through matter, this is but a belief of mortal mind, not an enactment of wisdom, and man has only to enter his protest against this belief in order to annul it. Through this action of thought and its results upon the body, the student will prove to himself, by small beginnings, the grand verities of Christian Science.

SH 217:24-29

The scientific and permanent remedy for fatigue is to learn the power of Mind over the body or any illusion of physical weariness, and so destroy this illusion, for matter cannot be weary and heavy-laden. You say, "Toil fatigues me." But what is this me?

SH 249:21-22

The I is Spirit. God never slumbers and His likeness never dreams.

SH 384:30 to 385:4

Sickness, sin, and death must at length quail before the divine rights of intelligence, and then the power of Mind over the entire functions and organs of the human system will be acknowledged. It is proverbial that Florence Nightingale and other philanthropists engaged in humane labors have been able to undergo without sinking fatigues and exposures which ordinary people could not endure. The explanation lies in the support which they derived from the divine law, rising above the human. The spiritual demand, quelling the material, supplies energy and endurance surpassing all other aids, and forestalls the penalty which our beliefs would attach to our best deeds. Let us remember that the eternal law of right, though it can never annul the law which makes sin its own executioner, exempts man from all penalties but those due for wrong-doing.

Constant toil, deprivations, exposures, and all untoward conditions, *if without sin*, can be experienced without suffering. Whatever it is your duty to do, you can do without harm to yourself. If you sprain the muscles or wound the flesh, your remedy is at hand. Mind decides whether or not the flesh shall be discolored, painful, swollen, and inflamed.

SH 376:21-26

Therefore the efficient remedy is to destroy the patient's false belief by both silently and audibly arguing the true facts in regard to harmonious being, — representing man as healthy instead of diseased, and showing that it is impossible for matter to suffer, to feel pain or heat, to be thirsty or sick.

SH 385:22

You say that you have not slept well or have overeaten. You are a law unto yourself. Saying this and believing it, you will suffer in proportion to your belief and fear. Your sufferings are not the penalty for having broken a law of matter, for it is a law of mortal mind which you have disobeyed. ... Any supposed information, coming from the body or from inert matter as if either were intelligent, is an illusion of mortal mind, — one of its dreams. Realize that the evidence of the senses is not to be accepted in the case of sickness, any more than it is in the case of sin.

SH 218:27

The Scriptures say, "They that wait upon the Lord . . . shall run, and not be weary; and they shall walk, and not faint." The meaning of that passage is not perverted by applying it literally to moments of fatigue, for the moral and physical are as one in their results. When we wake to the truth of being, all disease, pain, weakness, weariness, sorrow, sin, death, will be unknown, and the mortal dream will forever cease. My method of treating fatigue applies to all bodily ailments, since Mind should be, and is, supreme, absolute, and final.

SH 248:8

Immortal Mind feeds the body with supernal freshness and fairness, supplying it with beautiful images of thought and destroying the woes of sense which each day brings to a nearer tomb.

SH 246:23-31

Man, governed by immortal Mind, is always beautiful and grand. Each succeeding year unfolds wisdom, beauty, and holiness.

Life is eternal. We should find this out, and begin the demonstration thereof. Life and goodness are immortal. Let us then shape our views of existence into loveliness, freshness, and continuity, rather than into age and blight.