

Wednesday, April 30, 2014  
Seventeenth Church of Christ, Scientist, Chicago

TOPIC: What is the foundational of mental peace?

HYMNS: 118 449 93

THE BIBLE (King James 2000 - <http://biblehub.com/kj2000/psalms/29.htm>)

Psalms 7

1O LORD my God, in you do I put my trust: save me from all them that persecute me, ...

2Lest they tear my soul like a lion, rending it in pieces, while there is none to deliver.

Psalms 29

1The LORD will give strength unto his people; the LORD will bless his people with peace.

Psalms 37

3Trust in the LORD, and do good; so shall you dwell in the land, and verily you shall be fed.

4Delight yourself also in the LORD; and he shall give you the desires of your heart.

5Commit your way unto the LORD; trust also in him; and he shall bring it to pass.

6And he shall bring forth your righteousness as the light, and your justice as the noonday.

7Rest in the LORD, and wait patiently for him: fret not yourself because of him who prospers in his way, because of the man who brings wicked devices to pass.

8Cease from anger, and forsake wrath: fret not yourself in any way to do evil.

9For evildoers shall be cut off: but those that wait upon the LORD, they shall inherit the earth.

10For yet a little while, and the wicked shall not be: yea, you shall diligently consider his place, and it shall not be.

11But the meek shall inherit the earth; and shall delight themselves in the abundance of peace.

34Wait on the LORD, and keep his way, and he shall exalt you to inherit the land: when the wicked are cut off, you shall see it.

35I have seen the wicked in great power, and spreading himself like a green bay tree.

36Yet he passed away, and, lo, he was not: yea, I sought him, but he could not be found.

37Mark the perfect man, and behold the upright: for the end of that man is peace.

39..the salvation of the righteous is of the LORD: he is their strength in the time of trouble.

40And the LORD shall help them, and deliver them: he shall deliver them from the wicked, and save them, because they trust in him.

Psalms 119

165Great peace have they who love your law: and nothing shall offend them.

Mark 5

1And they came over unto the other side of the sea, into the country of the Gadarenes.

2And when (Jesus) came out of the ship, immediately there met him out of the tombs a man with an unclean spirit,

3Who had his dwelling among the tombs; and no man could bind him, no, not with chains:

4Because he had been often bound with fetters and chains, and the chains had been wrenched apart by him, and the fetters broken in pieces: neither could any man subdue him.

5And always, night and day, he was in the mountains, and in the tombs, crying, and cutting himself with stones.

6But when he saw Jesus afar off, he ran and worshiped him,

7And cried with a loud voice, and said, What have I to do with you, Jesus, you Son of the most high God? I adjure you by God, that you torment me not.

8For he had said unto him, Come out of the man, you unclean spirit.

9And he asked him, What is your name? And he answered, saying, My name is Legion: for we are many.

10And he begged him much that he would not send them away out of the country.

11Now there was there near unto the mountains a great herd of swine feeding.

12And all the demons begged him, saying, Send us into the swine, that we may enter into them.

13And Jesus gave them leave. And the unclean spirits went out, and entered into the swine: and the herd ran violently down a steep place into the sea, (there were about two thousand;) and were drowned in the sea.

14And they that fed the swine fled, and told it in the city, and in the country. And they went out to see what it was that was done.

15And they came to Jesus, and saw him that was possessed with the demon, and had the legion, sitting, and clothed, and in his right mind: and they were afraid.

16And they that saw it told them what had happened to him that was possessed with the demon, and also concerning the swine.

17And they began to ask Jesus to depart out of their region.

18And when Jesus was come into the ship, he that had been possessed with the demon asked him that he might be with him.

19But Jesus permitted him not, but said unto him, Go home to your friends, and tell them what great things the Lord has done for you, and has had compassion on you.

20And he departed, and began to announce in Decapolis what great things Jesus had done for him: and all men did marvel.

Romans 5

1...we have peace with God through our Lord Jesus Christ:

2By whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God.

3And not only so, but we glory in tribulations also: knowing that tribulation works patience;

4And patience, experience; and experience, hope:

5And hope makes not ashamed; because the love of God is shed abroad in our hearts by the Holy Spirit who is given unto you

11 ... we also rejoice in God through our Lord Jesus Christ, by whom we have now received the reconciliation.

Psalms 147

12Praise the LORD, O Jerusalem; praise your God, O Zion.

13For he has strengthened the bars of your gates; he has blessed your children within you.

14He makes peace in your borders, and fills you with the finest of the wheat.

I Thessalonians 5

18In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

23the very God of peace sanctify you wholly; and *I pray God* your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

## SCIENCE AND HEALTH WITH KEY TO THE SCRIPTURES

By Mary Baker Eddy

SH 506:10

Through divine Science, Spirit, God, unites understanding to eternal harmony. The calm and exalted thought or spiritual apprehension is at peace. Thus the dawn of ideas goes on, forming each successive stage of progress.

SH 265:3-15

Man understands spiritual existence in proportion as his treasures of Truth and Love are enlarged. Mortals must gravitate Godward, their affections and aims grow spiritual, — they must near the broader interpretations of being, and gain some proper sense of the infinite, — in order that sin and mortality may be put off. This scientific sense of being, forsaking matter for Spirit, by no means suggests man's absorption into Deity and the loss of his identity, but confers upon man enlarged individuality, a wider sphere of thought and action, a more expansive love, a higher and more permanent peace.

SH 510:4

To discern the rhythm of Spirit and to be holy, thought must be purely spiritual.

SH 265:23-24, 26

Who that has felt the loss of human peace has not gained stronger desires for spiritual joy? ... The loss of earthly hopes and pleasures brightens the ascending path of many a heart. The pains of sense quickly inform us that the pleasures of sense are mortal and that joy is spiritual.

SH 96:12

This material world is even now becoming the arena for conflicting forces. On one side there will be discord and dismay; on the other side there will be Science and peace. The breaking up of material beliefs may seem to be famine and pestilence, want and woe, sin, sickness, and death, which assume new phases until their nothingness appears. These disturbances will continue until the end of error, when all discord will be swallowed up in spiritual Truth.

SH 168:30

Here let a word be noticed which will be better understood hereafter, — *chemicalization*. By chemicalization I mean the process which mortal mind and body undergo in the change of belief from a material to a spiritual basis.

SH 401:16

What I term *chemicalization* is the upheaval produced when immortal Truth is destroying erroneous mortal belief. Mental chemicalization brings sin and sickness to the surface, forcing impurities to pass away, as is the case with a fermenting fluid.

SH 401:12

This fermentation should not aggravate the disease, but should be as painless to man as to a fluid, since matter has no sensation and mortal mind only feels and sees materially.

SH 372:1 (only), 3-6, 8

Remember, brain is not mind. ... What you call matter was originally error in solution, elementary mortal mind, — likened by Milton to "chaos and old night." ... The Science of being, in which all is divine Mind, or God and His idea, would be clearer in this age, but for the belief that matter is the medium of man, or that man can enter his own embodied thought, bind himself with his own beliefs, and then call his bonds material and name them divine law.

SH 90:24

The admission to one's self that man is God's own likeness sets man free to master the infinite idea. This conviction shuts the door on death, and opens it wide towards immortality.

SH 382:24

One whom I rescued from seeming spiritual oblivion, in which the senses had engulfed him, wrote to me: "I should have died, but for the glorious Principle you teach, — supporting the power of Mind over the body and showing me the nothingness of the so-called pleasures and pains of sense. The treatises I had read and the medicines I had taken only abandoned me to more hopeless suffering and despair. Adherence to hygiene was useless. Mortal mind needed to be set right. The ailment was not bodily, but mental, and I was cured when I learned my way in Christian Science."

SH 254:27-31

If you launch your bark upon the ever-agitated but healthful waters of truth, you will encounter storms. Your good will be evil spoken of. This is the cross. Take it up and bear it, for through it you win and wear the crown.

SH 97:5-7,11

In reality, the more closely error simulates truth and so-called matter resembles its essence, mortal mind, the more impotent error becomes as a belief.. The more destructive matter becomes, the more its nothingness will appear, until matter reaches its mortal zenith in illusion and forever disappears. The nearer a false belief approaches truth without passing the boundary where, having been destroyed by divine Love, it ceases to be even an illusion, the riper it becomes for destruction. The more material the belief, the more obvious its error, until divine Spirit, supreme in its domain, dominates all matter, and man is found in the likeness of Spirit, his original being.

SH 91:5

Let us rid ourselves of the belief that man is separated from God, and obey only the divine Principle, Life and Love. Here is the great point of departure for all true spiritual growth.

SH 264:24-31

Spiritual living and blessedness are the only evidences, by which we can recognize true existence and feel the unspeakable peace which comes from an all-absorbing spiritual love.