

Wednesday, May 7, 2014
Seventeenth Church of Christ, Scientist, Chicago

TOPIC: What do you do when you're feeling depleted?

HYMNS: 43 360 246

THE BIBLE The New Living Bible

Matthew 11

28 Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.
29 Take my yoke upon you. Let me teach you, because I am humble and gentle, and you will find rest for your souls.

30 For my yoke fits perfectly, and the burden I give you is light.

II Timothy 2

1 Timothy, my dear son, be strong with the special favor God gives you in Christ Jesus.

2 You have heard me teach many things that have been confirmed by many reliable witnesses. Teach these great truths to trustworthy people who are able to pass them on to others.

4 And as Christ's soldier, do not let yourself become tied up in the affairs of this life, for then you cannot satisfy the one who has enlisted you in his army.

5 Follow the Lord's rules for doing his work, just as an athlete either follows the rules or is disqualified and wins no prize.

7 Think about what I am saying. The Lord will give you understanding in all these things.

8 Never forget that Jesus Christ was a man born into King David's family and that he was raised from the dead. This is the Good News I preach.

9 And because I preach this Good News, I am suffering and have been chained like a criminal. But the word of God cannot be chained.

10 I am willing to endure anything if it will bring salvation and eternal glory in Christ Jesus to those God has chosen.

11 This is a true saying: If we die with him, we will also live with him.

12 If we endure hardship, we will reign with him

15 Be a good worker, one who does not need to be ashamed and who correctly explains the word of truth.

16 Avoid godless, foolish discussions that lead to more and more ungodliness.

19 ... God's truth stands firm like a foundation stone with this inscription: "The Lord knows those who are his," and "Those who claim they belong to the Lord must turn away from all wickedness."

20 In a wealthy home some utensils are made of gold and silver, and some are made of wood and clay. The expensive utensils are used for special occasions, and the cheap ones are for everyday use.

21 If you keep yourself pure, you will be a utensil God can use for his purpose. Your life will be clean, and you will be ready for the Master to use you for every good work.

22 ... Follow anything that makes you want to do right. Pursue faith and love and peace, and enjoy the companionship of those who call on the Lord with pure hearts.

23 Again I say, don't get involved in foolish, ignorant arguments that only start fights.

24 The Lord's servants must not quarrel but must be kind to everyone. They must be able to teach effectively and be patient with difficult people.

25 They should gently teach those who oppose the truth. Perhaps God will change those people's hearts, and they will believe the truth.

26 Then they will come to their senses and escape from the Devil's trap. For they have been held captive by him to do whatever he wants.

Christ is not weak in his dealings with you; he is a mighty power among you.

Romans 8

11 The Spirit of God, who raised Jesus from the dead, lives in you. And just as he raised Christ from the dead, he will give life to you ... by this same Spirit living within you.

II Corinthians 11

10 As surely as the truth of Christ is in me, I will never stop boasting about this all over Greece.

16 Once again, don't think that I have lost my wits to talk like this.

17 Such bragging is not something the Lord wants, ...

18 And since others boast about their human achievements, I will, too.

II Corinthians 12

5 I am going to boast only about my weaknesses.

7 Even though I have received wonderful revelations from God. But ... I was given a thorn in my flesh, a messenger from Satan to torment me and it keeps me from getting proud.

8 Three different times I begged the Lord to take it away.

9 Each time he said, "My gracious favor is all you need. My strength is made perfect in your weakness." So now I am glad to boast about my weaknesses, so that the power of Christ may work through me.

10 Since I know it is all for Christ's good, I am quite content with my weaknesses and with insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.

II Corinthians 13

4 Although (Jesus) died on the cross in weakness, he now lives by the mighty power of God. We, too, are weak, but we live in him and have God's power...

5 Examine yourselves to see if your faith is really genuine. Test yourselves. If you cannot tell that Jesus Christ is among you, it means you have failed the test.

6 I hope you recognize that we have passed the test and are approved by God.

7 We pray to God that you will not do anything wrong. We pray this, not to show that our ministry to you has been successful, but because we want you to do right even if we ourselves seem to have failed.

8 Our responsibility is never to oppose the truth, but to stand for the truth at all times.

Isaiah 40

28 Have you never heard or understood? Don't you know that the LORD is the everlasting God, the Creator of all the earth? He never grows faint or weary. No one can measure the depths of his understanding.

29 He gives power to those who are tired and worn out; he offers strength to the weak.

30 Even youths will become exhausted, and young men will give up.

31 But those who wait on the LORD will find new strength. They will fly high on wings like eagles. They will run and not grow weary. They will walk and not faint.

SCIENCE AND HEALTH WITH KEY TO THE SCRIPTURES

By Mary Baker Eddy

SH 5:15-18

The followers of Christ drank his cup. Ingratitude and persecution filled it to the brim; but God pours the riches of His love into the understanding and affections, giving us strength according to our day.

SH 218:27

The Scriptures say, "They that wait upon the Lord . . . shall run, and not be weary; and they shall walk, and not faint." The meaning of that passage is not perverted by applying it literally to moments of fatigue, for the moral and physical are as one in their results. When we wake to the truth of being, all disease, pain, weakness, weariness, sorrow, sin, death, will be unknown, and the mortal dream will forever cease. My method of treating fatigue applies to all bodily ailments, since Mind should be, and is, supreme, absolute, and final.

SH 2:23 (only), 26 Shall

God is Love. Can we ask Him to be more? ... Shall we plead for more at the open fount, which is pouring forth more than we accept? The unspoken desire does bring us nearer the source of all existence and blessedness.

SH 366:3

In order to cure his patient, the metaphysician must first cast moral evils out of himself and thus attain the spiritual freedom which will enable him to cast physical evils out of his patient; but heal he cannot, while his own spiritual barrenness debars him from giving drink to the thirsty and hinders him from reaching his patient's thought, — yea, while mental penury chills his faith and understanding.

SH 459:3-8

Paul and John had a clear apprehension that, as mortal man achieves no worldly honors except by sacrifice, so he must gain heavenly riches by forsaking all worldliness. Then he will have nothing in common with the worldling's affections, motives, and aims.

SH 79:29

Giving does not impoverish us in the service of our Maker, neither does withholding enrich us. We have strength in proportion to our apprehension of the truth, and our strength is not lessened by giving

utterance to truth. A cup of coffee or tea is not the equal of truth, whether for the inspiration of a sermon or for the support of bodily endurance.

SH 518:13

God gives the lesser idea of Himself for a link to the greater, and in return, the higher always protects the lower. The rich in spirit help the poor in one grand brotherhood, all having the same Principle, or Father; and blessed is that man who seeth his brother's need and supplieth it, seeking his own in another's good. Love giveth to the least spiritual idea might, immortality, and goodness, which shine through all as the blossom shines through the bud. All the varied expressions of God reflect health, holiness, immortality — infinite Life, Truth, and Love.

SH 519:9, 25

Thus the ideas of God in universal being are complete and forever expressed, for Science reveals infinity and the fatherhood and motherhood of Love. Human capacity is slow to discern and to grasp God's creation and the divine power and presence which go with it, demonstrating its spiritual origin. Mortals can never know the infinite, until they throw off the old man and reach the spiritual image and likeness. What can fathom infinity! How shall we declare Him, till, in the language of the apostle, "we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ"? God rests in action. Imparting has not impoverished, Resting in holy work can never impoverish, the divine Mind. No exhaustion follows the action of this Mind, according to the apprehension of divine Science. The highest and sweetest rest, even from a human standpoint, is in holy work.

SH 183:16

Laws of nature are laws of Spirit; but mortals commonly recognize as law that which hides the power of Spirit. Divine Mind rightly demands man's entire obedience, affection, and strength. No reservation is made for any lesser loyalty. Obedience to Truth gives man power and strength. Submission to error superinduces loss of power.

SH 384:30-1,

Sickness, sin, and death must at length quail before the divine rights of intelligence, and then the power of Mind over the entire functions and organs of the human system will be acknowledged. SH 385:15,17-18

The spiritual demand, quelling the material, supplies energy and endurance surpassing all other aids, and forestalls the penalty which our beliefs would attach to our best deeds. Whatever it is your duty to do, you can do without harm to yourself.

SH 520:3-5 (to !)

Unfathomable Mind is expressed. The depth, breadth, height, might, majesty, and glory of infinite Love fill all space. That is enough!