

Seventeen Church of Christ, Scientist, Chicago  
Wednesday, February 12, 2014

TOPIC: How can we have less sickness?

HYMNS: 341 70 175

THE BIBLE

Ps. 147:1, 3, 5, 14, 15

Praise ye the Lord: for *it is* good to sing praises unto our God; for *it is* pleasant; *and* praise is comely. ... He healeth the broken in heart, and bindeth up their wounds. ... Great *is* our Lord, and of great power: his understanding *is* infinite. ... He maketh peace *in* thy borders, *and* filleth thee with the finest of the wheat. He sendeth forth his commandment *upon* earth: his word runneth very swiftly.

Ex. 23:25 ye

... ye shall serve the Lord your God, and he shall bless thy bread, and thy water; and I will take sickness away from the midst of thee.

Mark 3:9-15

9And he spake to his disciples, that a small ship should wait on him because of the multitude, lest they should throng him.

10For he had healed many; insomuch that they pressed upon him for to touch him, as many as had plagues.

11And unclean spirits, when they saw him, fell down before him, and cried, saying, Thou art the Son of God.

12And he straitly charged them that they should not make him known.

13And he goeth up into a mountain, and calleth *unto him* whom he would: and they came unto him.

14And he ordained twelve, that they should be with him, and that he might send them forth to preach,

15And to have power to heal sicknesses, and to cast out devils:

Matt 5:1

... and when he was set, his disciples cam unto him

Matt. 6:25-33 Take

25Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

26Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?

27Which of you by taking thought can add one cubit unto his stature?

28And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

29And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

30Wherefore, if God so clothe the grass of the field, which to-day is, and to-morrow is cast into the oven, *shall he* not much more *clothe* you, O ye of little faith?

31Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32(For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Luke 8:41-55

41¶ And, behold, there came a man named Jairus, and he was a ruler of the synagogue: and he fell down at Jesus' feet, and besought him that he would come into his house:

42For he had one only daughter, about twelve years of age, and she lay a-dying. But as he went the people thronged him.

43¶ And a woman having an issue of blood twelve years, which had spent all her living upon physicians, neither could be healed of any,

44Came behind *him*, and touched the border of his garment: and immediately her issue of blood stanchèd.

45And Jesus said, Who touched me? When all denied, Peter and they that were with him said, Master, the multitude throng thee and press *thee*, and sayest thou, Who touched me?

46And Jesus said, Somebody hath touched me: for I perceive that virtue is gone out of me.

47And when the woman saw that she was not hid, she came trembling, and falling down before him, she declared unto him before all the people for what cause she had touched him, and how she was healed immediately.

48And he said unto her, Daughter, be of good comfort: thy faith hath made thee whole; go in peace.

49¶ While he yet spake, there cometh one from the ruler of the synagogue's *house*, saying to him, Thy daughter is dead; trouble not the Master.

50But when Jesus heard *it*, he answered him, saying, Fear not: believe only, and she shall be made whole.

51And when he came into the house, he suffered no man to go in, save Peter, and James, and John, and the father and the mother of the maiden.

52And all wept, and bewailed her: but he said, Weep not; she is not dead, but sleepeth.

53And they laughed him to scorn, knowing that she was dead.

54And he put them all out, and took her by the hand, and called, saying, Maid, arise.

55And her spirit came again, and she arose straightway: and he commanded to give her meat.

Acts 9:32-35

32¶ And it came to pass, as Peter passed throughout all *quarters*, he came down also to the saints which dwelt at Lydda.

33And there he found a certain man named Æneas, which had kept his bed eight years, and was sick of the palsy.

34And Peter said unto him, Æneas, Jesus Christ maketh thee whole: arise, and make thy bed. And he arose immediately.

35And all that dwelt at Lydda and Saron saw him, and turned to the Lord.  
Deut. 7:14 (to blessed), 15 (to 1st ,)  
Thou shalt be blessed ... And the Lord will take away from thee all sickness,

## SCIENCE AND HEALTH WITH KEY TO THE SCRIPTURES

By Mary Baker Eddy

SH viii:16-19

Sickness has been combated for centuries by doctors using material remedies; but the question arises, Is there less sickness because of these practitioners?

SH 141:27-28, 30

The adoption of scientific religion and of divine healing will ameliorate sin, sickness, and death. Give to it the place in our institutions of learning now occupied by scholastic theology and physiology, and it will eradicate sickness and sin in less time than the old systems, devised for subduing them, have required for self-establishment and propagation.

SH 142:4

Anciently the followers of Christ, or Truth, measured Christianity by its power over sickness, sin, and death; but modern religions generally omit all but one of these powers, — the power over sin. We must seek the undivided garment, the whole Christ, as our first proof of Christianity, for Christ, Truth, alone can furnish us with absolute evidence.

SH 389:5-7

The less we know or think about hygiene, the less we are predisposed to sickness.

SH 382:5-17

If half the attention given to hygiene were given to the study of Christian Science and to the spiritualization of thought, this alone would usher in the millennium. Constant bathing and rubbing to alter the secretions or to remove unhealthy exhalations from the cuticle receive a useful rebuke from Jesus' precept, "Take no thought . . . for the body." We must beware of making clean merely the outside of the platter. He, who is ignorant of what is termed hygienic law, is more receptive of spiritual power and of faith in one God, than is the devotee of supposed hygienic law, who comes to teach the so-called ignorant one.

SH 176:7-10

The primitive custom of taking no thought about food left the stomach and bowels free to act in obedience to nature, and gave the gospel a chance to be seen in its glorious effects upon the body.

SH 388:12-24

Admit the common hypothesis that food is the nutriment of life, and there follows the necessity for another admission in the opposite direction, — that food has power to destroy Life, God, through a deficiency or an excess, a quality or a quantity. This is a specimen of the ambiguous nature of all material health-theories. They are self-contradictory and self-destructive, constituting a "kingdom divided against itself,"

which is “brought to desolation.” If food was prepared by Jesus for his disciples, it cannot destroy life. The fact is, food does not affect the absolute Life of man, and this becomes self-evident, when we learn that God is our Life.

SH 232:19

Jesus never taught that drugs, food, air, and exercise could make a man healthy, or that they could destroy human life; nor did he illustrate these errors by his practice. He referred man’s harmony to Mind, not to matter, and never tried to make of none effect the sentence of God, which sealed God’s condemnation of sin, sickness, and death.

SH 560:11-15

The great miracle, to human sense, is divine Love, and the grand necessity of existence is to gain the true idea of what constitutes the kingdom of heaven in man.

SH 122:1-7

The evidence of the physical senses often reverses the real Science of being, and so creates a reign of discord, — assigning seeming power to sin, sickness, and death; but the great facts of Life, rightly understood, defeat this triad of errors, contradict their false witnesses, and reveal the kingdom of heaven, — the actual reign of harmony on earth.

SH 380:22-25

Many years ago the author made a spiritual discovery, the scientific evidence of which has accumulated to prove that the divine Mind produces in man health, harmony, and immortality.

SH 276:14-15

Harmony in man is as real and immortal as in music.

SH 557:10-16

Christian Science reveals harmony as proportionately increasing as the line of creation rises towards spiritual man, — towards enlarged understanding and intelligence; but in the line of the corporeal senses, the less a mortal knows of sin, disease, and mortality, the better for him, — the less pain and sorrow are his.

SH 400:9-11

Mortals obtain the harmony of health, only as they forsake discord, acknowledge the supremacy of divine Mind, and abandon their material beliefs.

SH 211:1-10

If brain, nerves, stomach, are intelligent, — if they talk to us, tell us their condition, and report how they feel, — then Spirit and matter, Truth and error, commingle and produce sickness and health, good and evil, life and death; and who shall say whether Truth or error is the greater?

The sensations of the body must either be the sensations of a so-called mortal mind or of matter. Nerves are not mind. Is it not provable that Mind is not *mortal* and that matter has no sensation?

SH 384:30-1

Sickness, sin, and death must at length quail before the divine rights of intelligence, and then the power of Mind over the entire functions and organs of the human system will be acknowledged.