Wednesday, October 9, 2013 Seventeenth Church of Christ, Scientist, Chicago

TOPIC: How do we overcome fear and doubt with courage and conviction?

HYMNS 205 399 77

THE BIBLE (The New Living Translation)

# Deut 31

**66**Be strong and courageous! Do not be afraid of them! The LORD your God will go ahead of you. He will neither fail you nor forsake you."

## **Exodus 14**

**1**.... the LORD gave these instructions to Moses:

**2**"Tell the people to march toward Pi-hahiroth between Migdol and the sea. Camp there along the shore, opposite Baal-zephon.

**3**Then Pharaoh will think, 'Those Israelites are confused. They are trapped between the wilderness and the sea!'

**4**And once again I will harden Pharaoh's heart, and he will chase after you. I have planned this so I will receive great glory at the expense of Pharaoh and his armies. After this, the Egyptians will know that I am the LORD!" So the Israelites camped there as they were told.

**5**When word reached the king of Egypt that the Israelites were not planning to return to Egypt after three days, Pharaoh and his officials changed their minds. "What have we done, letting all these slaves get away?" they asked.

**6**So Pharaoh called out his troops and led the chase in his chariot.

**7**He took with him six hundred of Egypt's best chariots, along with the rest of the chariots of Egypt, each with a commander.

**9**All the forces in Pharaoh's army -- all his horses, chariots, and charioteers -- were used in the chase. The Egyptians caught up with the people of Israel as they were camped beside the shore near Pi-hahiroth, across from Baal-zephon.

**10**As Pharaoh and his army approached, the people of Israel could see them in the distance, marching toward them. The people began to panic, and they cried out to the LORD for help.

**11**Then they turned against Moses and complained, "Why did you bring us out here to die in the wilderness?

**12**Didn't we tell you to leave us alone while we were still in Egypt? Our Egyptian slavery was far better than dying out here in the wilderness!"

**13**But Moses told the people, "Don't be afraid. Just stand where you are and watch the LORD rescue you. The Egyptians that you see today will never be seen again.

**14**The LORD himself will fight for you."

**15**Then the LORD said to Moses, "Why are you crying out to me? Tell the people to get moving! **16**Use your shepherd's staff -- hold it out over the water, and a path will open up before you through the sea. Then all the people of Israel will walk through on dry ground.

**18**When I am finished with Pharaoh and his army, all Egypt will know that I am the LORD!"

**19**Then the angel of God, who had been leading the people of Israel, moved to a position behind them, and the pillar of cloud also moved around behind them.

**20**The cloud settled between the Israelite and Egyptian camps. As night came, the pillar of cloud turned into a pillar of fire, lighting the Israelite camp. But the cloud became darkness to the Egyptians, and they couldn't find the Israelites.

**21**Then Moses raised his hand over the sea, and the LORD opened up a path through the water with a strong east wind. The wind blew all that night, turning the seabed into dry land.

**22**So the people of Israel walked through the sea on dry ground, with walls of water on each side!

**23**Then the Egyptians -- all of Pharaoh's horses, chariots, and charioteers -- followed them across the bottom of the sea.

**24**But early in the morning, the LORD looked down on the Egyptian army from the pillar of fire and cloud, and he threw them into confusion.

**25**Their chariot wheels began to come off, making their chariots impossible to drive. "Let's get out of here!" the Egyptians shouted. "The LORD is fighting for Israel against us!"

**26**When all the Israelites were on the other side, the LORD said to Moses, "Raise your hand over the sea again. Then the waters will rush back over the Egyptian chariots and charioteers."

**27**So as the sun began to rise, Moses raised his hand over the sea. The water roared back into its usual place, and the LORD swept the terrified Egyptians into the surging currents.

**28**The waters covered all the chariots and charioteers -- the entire army of Pharaoh. Of all the Egyptians who had chased the Israelites into the sea, not a single one survived.

**30**This was how the LORD rescued Israel from the Egyptians that day.

**31**When the people of Israel saw the mighty power that the LORD had displayed against the Egyptians, they feared the LORD and put their faith in him and his servant Moses.

## Mark 11

22 Jesus said to the disciples, "Have faith in God.

**23...**All that's required is that you really believe and do not doubt in your heart.

# Mark 4

35As evening came, Jesus said to his disciples, "Let's cross to the other side of the lake."

**36**He was already in the boat, so they started out, leaving the crowds behind (although other boats followed).

**37**But soon a fierce storm arose. High waves began to break into the boat until it was nearly full of water.

**38**Jesus was sleeping at the back of the boat with his head on a cushion. Frantically they woke him up, shouting, "Teacher, don't you even care that we are going to drown?"

**39**When he woke up, he rebuked the wind and said to the water, "Quiet down!" Suddenly the wind stopped, and there was a great calm.

**40**And he asked them, "Why are you so afraid? Do you still not have faith in me?"

**41**And they were filled with awe and said among themselves, "Who is this man, that even the wind and waves obey him?"

## Is 54

**10**For the mountains may depart and the hills disappear, but even then I will remain loyal to you. My covenant of blessing will never be broken," says the LORD, who has mercy on you.

# SCIENCE AND HEALTH WITH KEY TO THE SCRIPTURES

By Mary Baker Eddy

SH 130:9-14

It is unwise to doubt if reality is in perfect harmony with God, divine Principle, — if Science, when understood and demonstrated, will destroy all discord, — since you admit that God is omni-potent; for from this premise it follows that good and its sweet concords have all-power. SH 188:28-189:14

When darkness comes over the earth, the physical senses have no immediate evidence of a sun.

The human eye knows not where the orb of day is, nor if it exists. Astronomy gives the desired information regarding the sun. The human or material senses yield to the authority of this science, and they are willing to leave with astronomy the explanation of the sun's influence over the earth. If the eyes see no sun for a week, we still believe that there is solar light and heat. Science (in this instance named natural) raises the human thought above the cruder theories of the human mind, and casts out a fear. In like manner mortals should no more deny the power of Christian Science to establish harmony and to explain the effect of mortal mind on the body, though the cause be unseen, than they should deny the existence of the sunlight when the orb of day disappears, or doubt that the sun will reappear.

SH 494:15-24 Jesus

Jesus demonstrated the inability of corporeality, as well as the infinite ability of Spirit, thus helping erring human sense to flee from its own convictions and seek safety in divine Science. Reason, rightly directed, serves to correct the errors of corporeal sense; but sin, sickness, and death will seem real (even as the experiences of the sleeping dream seem real) until the Science of man's eternal harmony breaks their illusion with the unbroken reality of scientific being. SH 34:18-23

Through all the disciples experienced, they became more spiritual and understood better what the Master had taught. His resurrection was also their resurrection. It helped them to raise themselves and others from spiritual dulness and blind belief in God into the perception of infinite possibilities.

SH 90:24-30

The admission to one's self that man is God's own likeness sets man free to master the infinite idea. This conviction shuts the door on death, and opens it wide towards immortality. The understanding and recognition of Spirit must finally come, and we may as well improve our time in solving the mysteries of being through an apprehension of divine Principle.

SH 128:14-19

A knowledge of the Science of being develops the latent abilities and possibilities of man. It extends the atmosphere of thought, giving mortals access to broader and higher realms. It raises the thinker into his native air of insight and perspicacity.

SH 288:27-28

Science reveals the glorious possibilities of immortal man, forever unlimited by the mortal senses.

SH 125:12-16

As human thought changes from one stage to another of conscious pain and painlessness, sorrow and joy, — from fear to hope and from faith to understanding, — the visible manifestation will at last be man governed by Soul, not by material sense.

SH 487:15-24 Spirit

Spirit is all-knowing; this precludes the need of believing. Matter cannot believe, and Mind understands. The body cannot believe. The believer and belief are one and are mortal. Christian evidence is founded on Science or demonstrable Truth, flowing from immortal Mind, and there is in reality no such thing as *mortal* mind. Mere belief is blindness without Principle from which to explain the reason of its hope. The belief that life is sentient and intelligent matter is erroneous. SH 231:7-8, 12-16, 17-19

What God cannot do, man need not attempt. If God makes sin, if good produces evil, if truth results in error, then Science and Christianity are helpless; but there are no antagonistic powers nor laws, spiritual or material, creating and governing man through perpetual warfare. God is not the author of mortal discords. Therefore we accept the conclusion that discords have only a fabulous existence, are mortal beliefs which divine Truth and Love destroy.

SH 199:19-24

The feats of the gymnast prove that latent mental fears are subdued by him. The devotion of thought to an honest achievement makes the achievement possible. Exceptions only confirm this rule, proving that failure is occasioned by a too feeble faith.

SH 392:5-10

Fear, which is an element of all disease, must be cast out to readjust the balance for God. Casting out evil and fear enables truth to outweigh error. The only course is to take antagonistic grounds against all that is opposed to the health, holiness, and harmony of man, God's image. SH 418:5-11

Stick to the truth of being in contradistinction to the error that life, substance, or intelligence can be in matter. Plead with an honest conviction of truth and a clear perception of the unchanging, unerring, and certain effect of divine Science. Then, if your fidelity is half equal to the truth of your plea, you will heal the sick.

SH 13:10-12

If our petitions are sincere, we labor for what we ask; and our Father, who seeth in secret, will reward us openly.